

I keep my finger off the nose.
My finger is so clean that it glows!
I keep my fingers off my eyes.
I hope that every virus is afraid and cries!
I keep my fingers off my mouth and face
which are certainly not their proper place.
I cough in my sleeve and sneeze on a tissue.
This helps me avoiding the annoying flu.
I remember to use warm water and soap.
This is how we all can certainly cope!

Forefingers near the nose

A forefinger up

Fingers near the eyes

Pretending crying

Fingers near mouth and cheeks

Shaking the head

An arm near the mouth and a tissue near the nose

Acting hand washing

Thumbs up

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